



Social Enterprise Academy



L5: What is your time worth? Is it worth your time?

Themes: Leadership, Time Management

Location: Glasgow

Dates: 8th & 9th August

Who is it for?

This module is for anyone interested in looking at their own leadership and management style with a commitment to working more effectively.

What is it about?

This module offers you an opportunity to reflect on the way you use your time and decide on priorities. It will introduce you to some time management tools but, more importantly, it will challenge you, as someone in a leadership role with a high pressure workload, to put a value on your time and assess the way you might best spend it.

What will I learn?

You will:

- Explore some new approaches to time management;
- Critically analyse the way you choose to use your time and the consequences of your choices;
- Develop your self awareness as a leader and manager;
- Consider new perspectives brought by other members of the group;
- Reflect on your own leadership and management style and plan for your development as an effective time manager.

How will I learn?

The learning during the two days will be highly participative. You will engage in action learning, working on issues brought by you and other participants to the group.

Where can it lead me?

This module can be taken as an option on the *Endorsed Award in Leadership*.

What skills can I develop?

This module links with the following skills from the Learning in Regeneration framework.

- Adaptability and flexibility
- Time management
- Ability to learn
- Leadership

Booking code: L5

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